

## **PSY-410: Project Cycle Management (3 CHs)**

**Prerequisite:** Mental Health in Community/ Prevention Science

### **Course Description:**

This is the specialized course in strand of Community Mental Health and primarily focuses on practical knowledge and skills in project design and life cycle. It will provide a broad overview of the history and development of project management. It will also touch upon social, economic, and political aspects and challenges related to community development projects. The focus will be on developing preliminary/primary/basic skills in conceptualization of community mental health project, levels of intervention, need assessment, resource planning, monitoring and evaluation plan and drafting project proposal.

### **Course Objectives:**

The course will facilitate students to:

- Develop understanding about nature and scope of community-based projects in context of community mental health.
- Recognize different levels of community-based interventions.
- Learn about life cycle of project management.
- Learn how to make use of some tools at different stages of project cycle (need assessment, resource planning, monitoring, and evaluation)
- Learn basic skills in drafting different sections of project proposals.

### **Course Learning Outcomes:**

As a result of taking this course, students will:

- Demonstrate their understanding about mental health and psychosocial wellness in the context of communal and social systems.
- Incorporate the above-mentioned point while planning for community based mental health project.
- Critically analyze use some of the tools for need assessment, resource planning, monitoring, and evaluation of community mental health project
- Apply knowledge of project proposal while preparing a draft of project proposal on community mental health intervention.

### **Course Contents:**

- Social, Economic, and Political aspects/challenges affecting Community Development Projects: An Overview
- Introduction to Project Management Cycle
- Designing Community Projects and use of Tools at various Stages of Developing and Implementing a Project
- Stakeholder Analysis
- Legal Framework Analysis (LFA)
- Monitoring and Evaluation
- Ensuring Sustainability

### **Textbook:**

- Santos, D. S. D., Farina, D. A. D. R. S., & Fleury, A. L. (2020). Project Lifecycle Management (PLM): evolution and state of the art. *Product: Management & Development*, 18(1), 70-91.
- Saleth, R. M. (Ed.). (2012). *From Individual to Community: Issues in Development Studies*. SAGE Publications India.

### **Reference Books:**

- Rapp-Paglicci, L.A. Dulmus, C.N., Wodarski, J.S. (2004). Handbook of Preventive Interventions for Children and Adolescents. Wiley & Sons. ISBN-10: 047127433X | ISBN-13: 978-0471274339
- Thornicroft, G., Szmukler, G., Mueser, K.T. & Drake, R.E. (2011). Oxford Textbook of Community Mental Health. Oxford University Press. ISBN-10: 019956549X | ISBN-13: 978-0199565498.
- Kumar, S., & Kumar, S. (2002). Methods for community participation: a complete guide for practitioners. *Methods for community participation: a complete guide for practitioners*.
- Davies, A. (1997). *Managing for a change: how to run community development projects*. Intermediate Technology Publications Ltd (ITP).